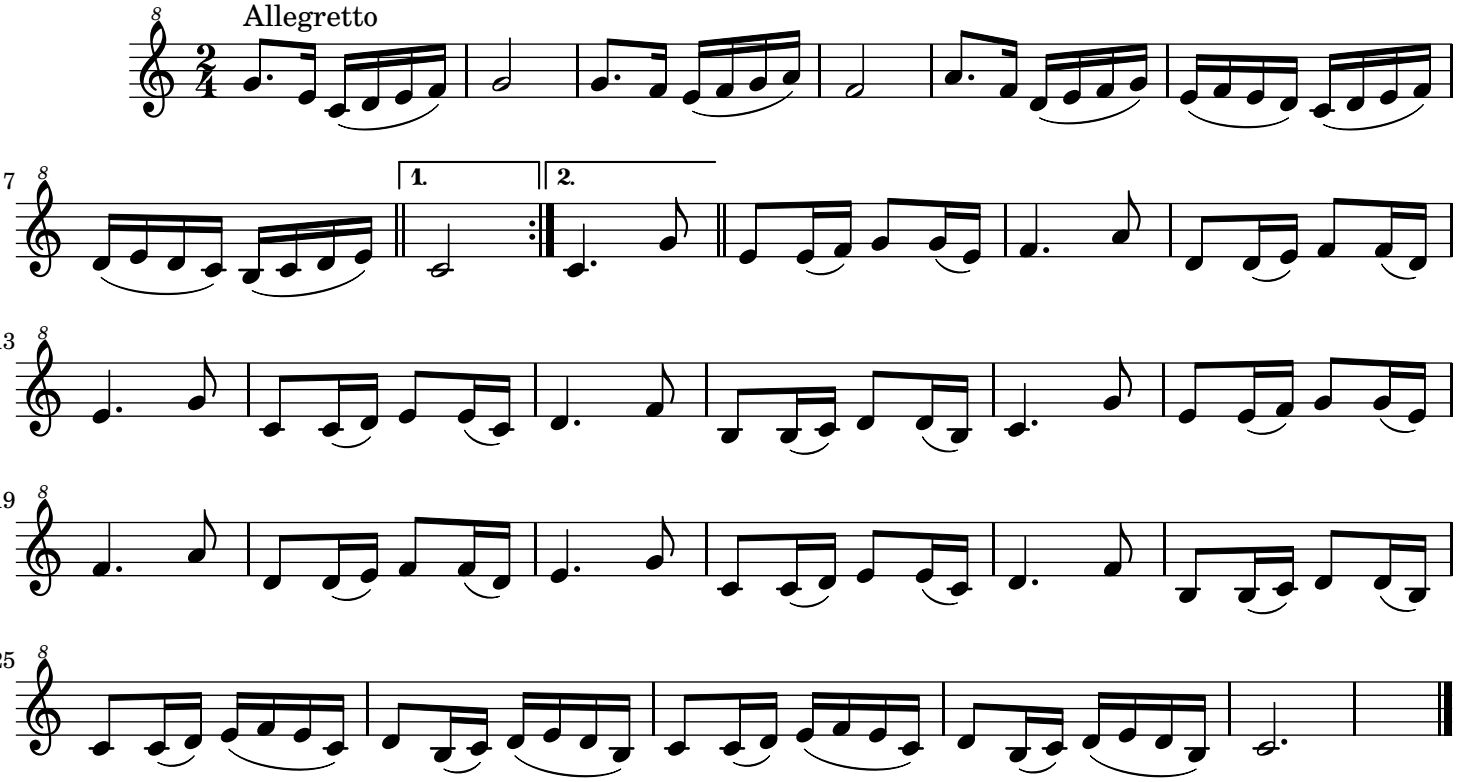Alborada