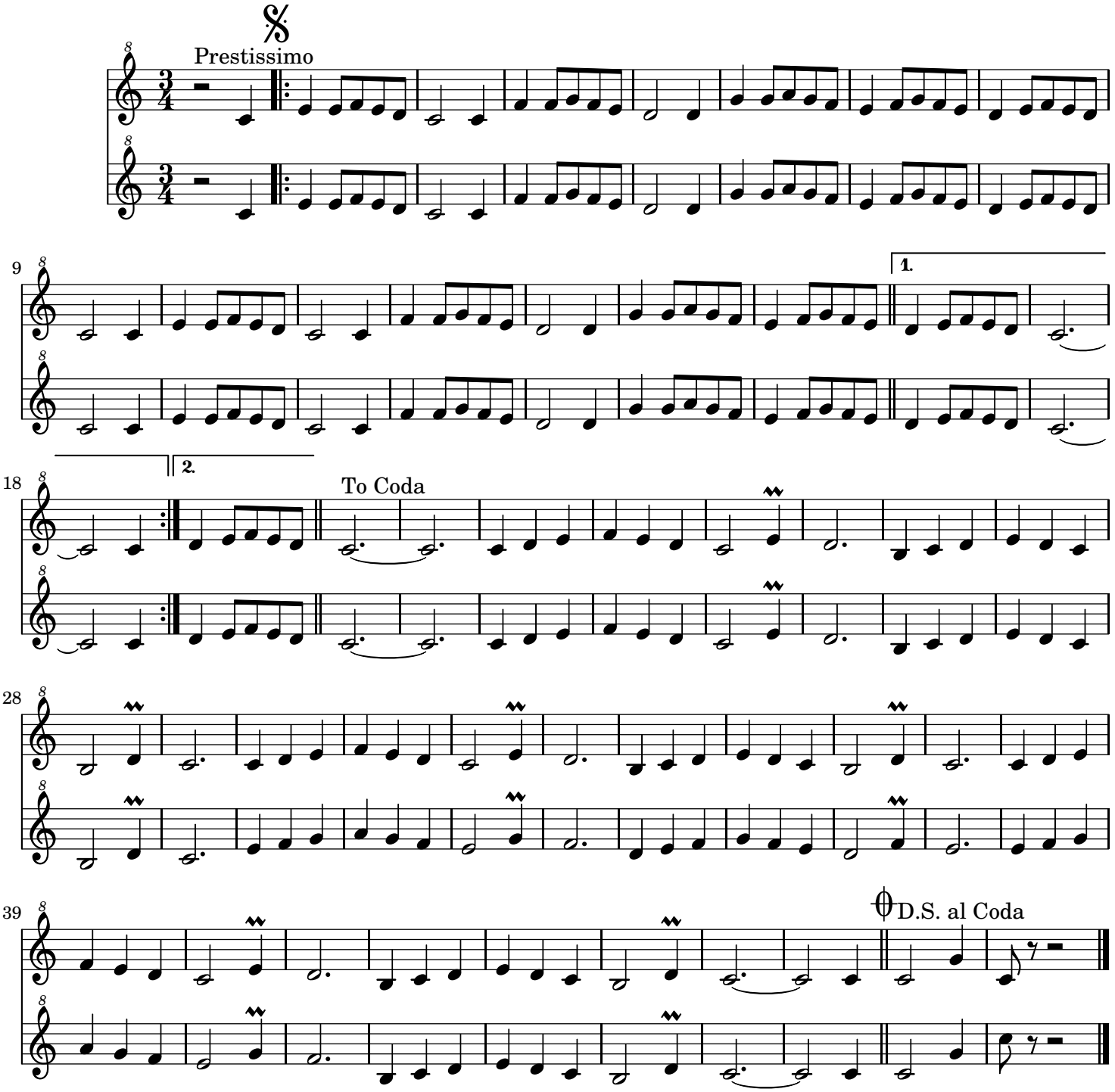Foliada do Xosé