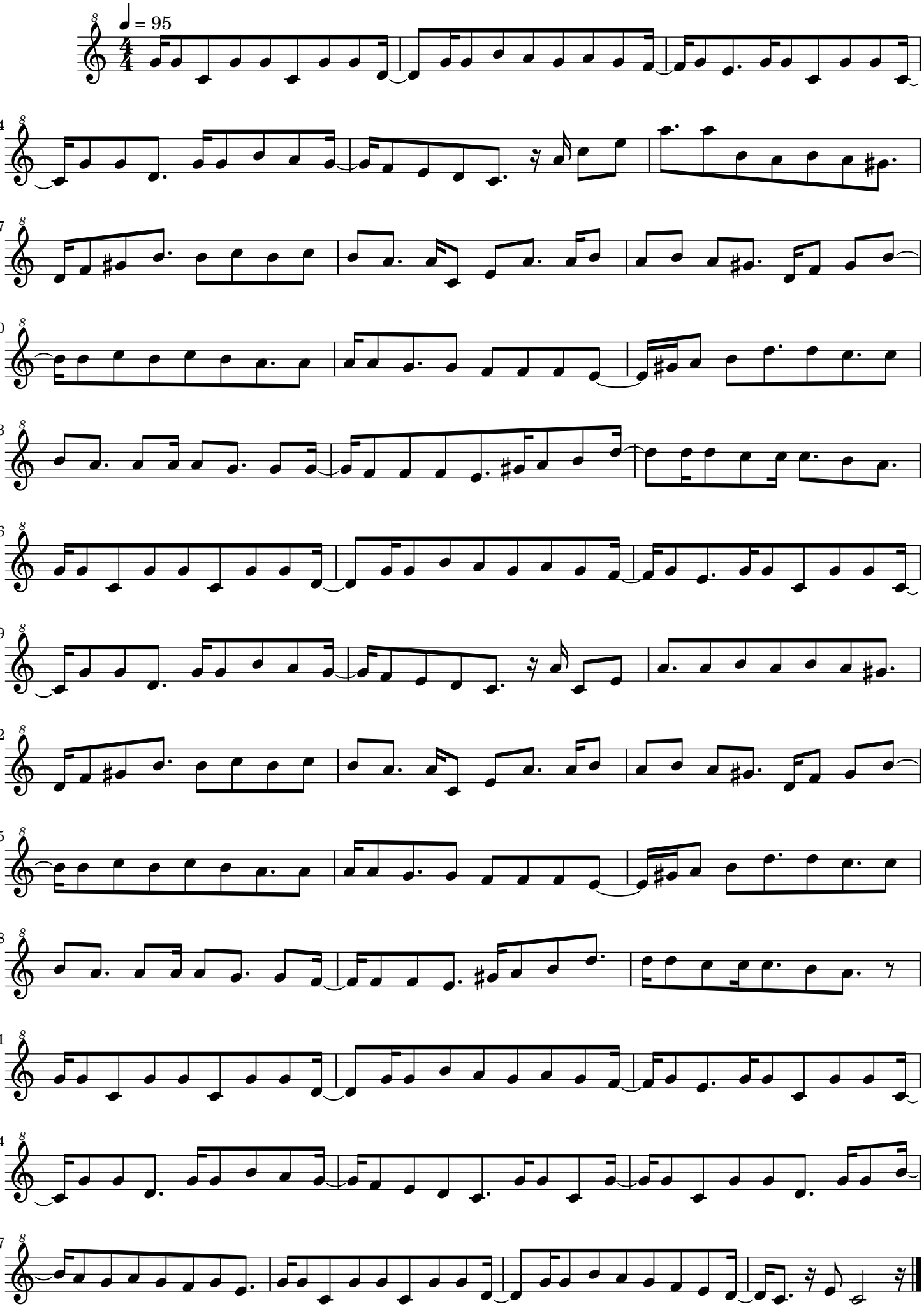Carranchín