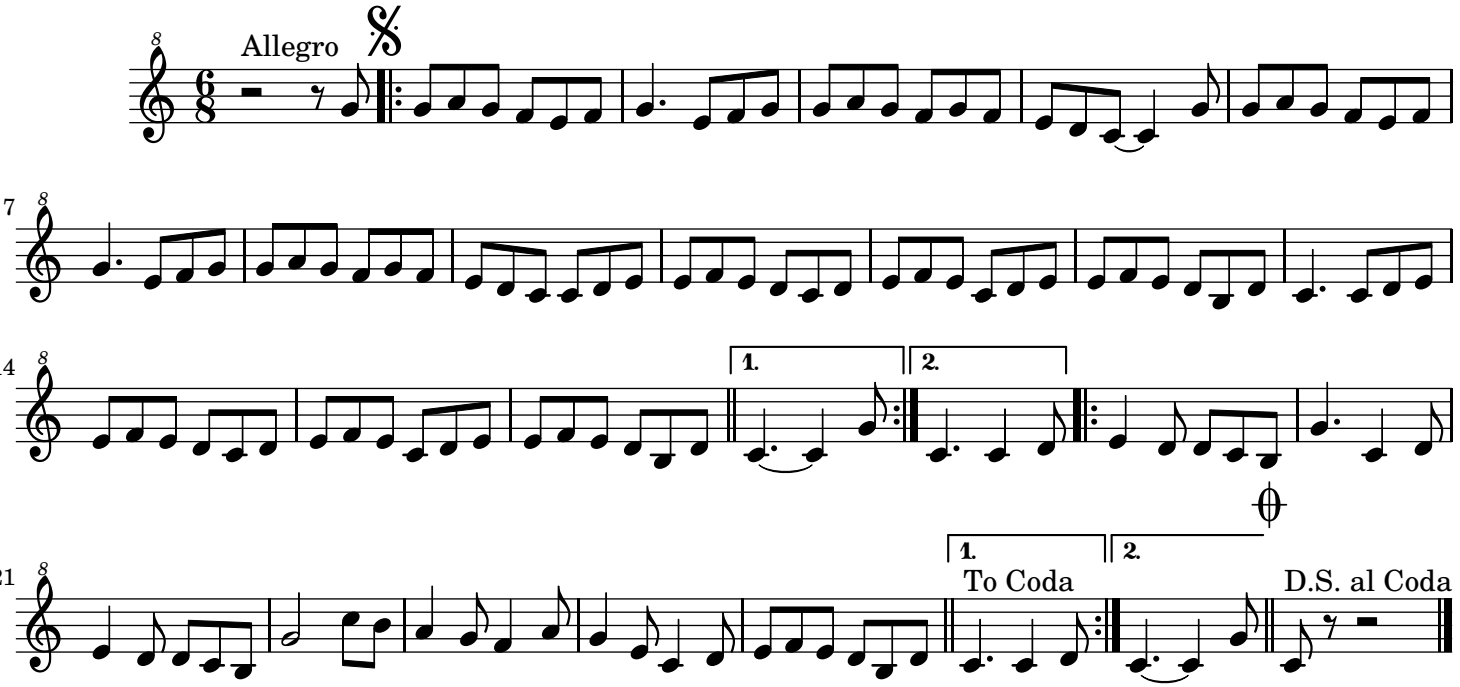A Regueifa