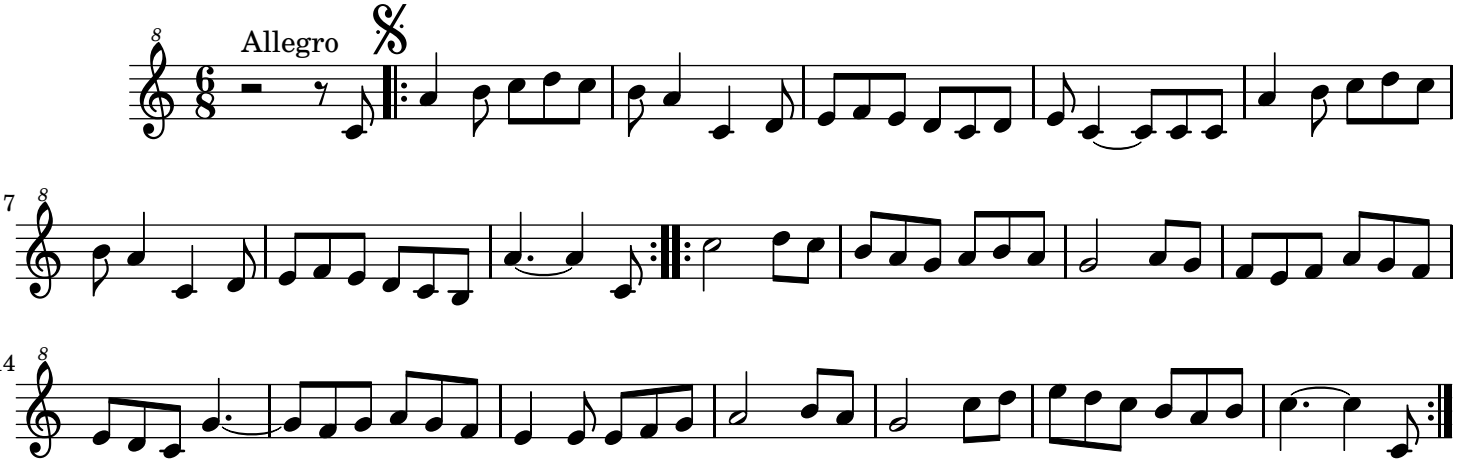Muiñeira de Meiraos